



Dear Tranquility Client,

Hope you are well and in good health.

I am delighted to announce that Tranquility Therapy service will be reopening for bookings from **Monday 31st August**.

In order to ensure the safety of everyone working and visiting the Brady Arts Centre, the management have introduced some changes which I kindly ask you to adhere to. I have also made a few changes to the way the therapy service will operate. The key points are outlined below:

Tranquility Therapy Opening Hours – by appointment only.

Monday	9.30am – 3.30pm
Friday	9.30am – 3.30pm

Maximum of 4 appointments per day will be available - book early to avoid disappointment.

Prior to your appointment

You will receive a COVID screening text message from me to ensure you are okay to attend your appointment.

If you feel unwell or begin to display symptoms of COVID, please do not come to the building. Inform me as soon as possible and follow the government guidelines for isolation.

Entering the building

You will need to make yourself known to our reception team in order to gain access to the building. Once Reception has noted your arrival they will open the automatic door into the building. I will meet and greet you at the reception, take your temperature and all being well, escort you to the therapy room.

In line with current guidance we ask that everyone wears a face covering when in the indoor communal areas such as the Café, corridors and lift.

Hand sanitizer

Facilities Management have installed hand sanitising units around the building and hand sanitizer will be available in the treatment room. You will be required to sanitize your hands on entering and exiting the Therapy Room.

During your appointment

You may be required to wear a face covering for part of the treatment. Full body treatments will no longer include the face area for the time being. Appointment times will be restricted to a maximum of 75 minutes to allow enough time to ventilate and set up between treatments.

After the appointment, please follow the one-way system and use the central stairs to exit the building.

Looking forward to welcoming you back!